

太极拳多元一体格局与中华文明标识体系构建研究

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摘要: 研究目的: 本研究以太极拳“多元一体”格局为切入点, 探讨其在中华文明标识体系构建中的作用, 丰富中华文明标识体系的理论内涵, 通过分析武术文化的核心价值与符号体系, 以武术文明化进程中的经验积累和实践成果为指导, 揭示太极拳与中华文明标识体系的内在联系, 系统梳理太极拳文化的核心价值、符号体系、文化叙事等相关内容, 切实发掘中国武术文明化进程的理论事实和文化成效, 从哲学、伦理、审美、传播等视角提炼太极拳“向善而生、聚能赓续”的文明核心要义, 从而丰富与拓展中国武术文化文明化的理论视域。同时为中华文明标识体系的构建提供了实践路径, 推动了中国太极拳文化的传承与创新, 提升了国家文化软实力与国际影响力, 服务国家文化战略与社会发展的重要举措。中华文明标识体系是对中华文明核心价值的凝练和表达, 其抽象的核心价值观和文化基因通过具象的太极拳文化符号集合进行表达, 通过对太极拳文明化成果的提炼, 通过外显身体技能的进阶达成, 实现对于非直观状态目的的获取。实现从“一招一式”到“文明之道”的贯通性研究, 建立动态的文明对话机制, 用技术表达传统文化核心要义, 以中国式的文明符号体系解码中国特色的叙事行为。**研究方法:** 太极拳文化的本质是“身体化的哲学实践”。在双重本体结构后, 从技术层面、理论层面、精神层面、哲学层面、历史层面等不同的维度入手, 在坚持中国传统文化核心要义的前提下守正创新, 完成对于太极拳文明化的重塑和讲述。通过跨学科方法整合, 运用符号学新工具, 创建“太极拳文化符号矩阵模型”(基于格雷马斯符号学改良)突破“二元对立”的片面解读, 对太极拳文化的研究注重整体入手, 全面分析, 矛盾统一, 融入多个对比选项, 令太极拳从表层动作-技术功能-文化隐喻-哲学内涵-价值意义的结构性矩阵模型。同时借鉴数字人文技术, 开发“文化修正算法”(量化跨文化传播中的意义损耗)对太极拳在代表中华文明标识符号集合进行文化传播时是否具有文化意义和价值深度, 而这些通过所研发的文化算法, 量化太极拳作为符号代表到底将中华文明标识的影响辐射到什么样的范围之外。建立“武术文化影响力指数”(WCI), 整合社交媒体数据、受众调研、专家评估应用复杂网络分析(如 Gephi 软件)解析武术符号传播路径。开发“武术动作语义分析系统”关联传统文化要义对中华文明进行翻译。(基于

OpenPose 算法解析武术技术动作与招式的文化隐喻)不同技术动作的关键节点捕捉所对应的文化含义,对比不同国家地区的武术技术动作体系进行研究。构建“武术文化基因数据库”收录武术技术动作体系和符号集合。中华文明符号标识下的武术技术体系和文化范式通过数据库进行提炼筛选,其更多是动作的有机组合和参与其中的其他手段方法的阐释,方能真正表现出中华文明标识的内涵,数据库的数据才富有含义。**研究结果:**太极拳浸润于中国传统武术文化,其文明化进程是中华文明标识体系的有效实证和完美表达,以中国精神为内核、中国价值为引领,提炼出中华文明标识体系中极具代表性、象征性和共时性的文化符号集合。太极拳所具备的“多元一体”格局可有效对冲保护主义和逆全球化背景带来的文化传播意识形态敏感性、消除“自我”与“他我”地域文化差异导致的交流隔阂,深化武术与不同文化间的交流沟通,展示中华文明历史深度、文化广度和精神高度的同时,推进传统武术文化自信自强、铸就社会主义文化新辉煌、加快构建中国话语和中国叙事体系,增强中华文明传播影响力,展现“可信、可爱、可敬”的中国形象,最终实现人类命运共同体的终极理想。太极拳所具备的文明属性,是在中国传统武术文化“核心符号”基础上衍生出来的具有“多元一体、差异共生”格局的标识体系,构建了太极拳“身体技艺-文化符号-文明标识”的阐释框架和武术文明化进程的结构体系,在挖掘民间太极拳留存、恢复传统武术记忆、梳理太极拳文明化进程中,对武术文化的重构和文明观念的树立起到了重要作用。在推动武术文化新时代背景下守正创新的同时,极大具象化了中华文明标识体系的模版和形式。太极拳立足中华优秀传统文化根脉,坚守文化阵地,在面对新时代冲击与机遇并存的关键阶段,守正创新是坚定不移的精神思维,脱域于身体暴力走向生命艺术,重构成为新时代文明化的武术。认同多元文化存在的价值与意义,共通的理念与核心是武术文明化的追求,也是太极拳“多元一体”格局的体现,憧憬于“天下大同”的人类命运共同体的实现,对于中国文化符号集合的叙述和表达,以及构建完善的、亲和的、供世界可见的中华文明标识体系,太极拳提供了积极的先验经验和实践模板。**研究结论:**太极拳在哲学层面,构建了中华民族独有的动态宇宙认知模型,每个动作都包含开合、虚实、刚柔的辩证统一,体现了阴阳互济的实践哲学。将《道德经》“反者道之动”的哲学转化为可操作的战术,太极推手中的“舍己从人”,实质是通过接纳对方力量实现转化,成为处理人际冲突的智慧隐喻。太极拳以直观形式追溯中华民族共有的过去,编织了民族集体记忆网络,另一方面表达出传统与现代的融合之举、民族与时代的价值统一,太极拳继承中国武术文化切实描绘了中国精神、中国价值与中国文化特性一脉相承、相互交融的民族精神密码,以中华文明特征为基石,以中国精神为内核,以中国价值为引领,提炼出中华文明标识体系中最具有代表性、象征性和共时性的文化符号,展现了中华文明的历史深度、文化广度和精神高度。传统文化中诞生的中国武术在文明化进程中,逐渐形成“多

元一体”的文明格局，太极拳亦是如此。在认可差异性的同时，寻求多元武术文化间共通的价值观、文化基因和历史脉络。多元一体格局的形成，是太极拳在武术文明化进程的重要成就，也完善了中华文明标识体系中独具魅力、极为突出的符号集合，实证了中华民族“天下大同”人类命运共同体的世界观和文明观，引领了世界对于“本土文化自主性与世界上不同文明之间的共处之道”

关键词：中华文明标识体系；多元一体；太极拳文明化

Research on the construction of Tai Chi Chuan's unified pattern and Chinese civilization identification system

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Abstract: Research Objective: This study examines the "diverse yet unified" framework of Tai Chi as a foundational element in constructing China's cultural identity system. By analyzing martial arts' core values and symbolic systems, guided by practical achievements in martial arts civilization development, it reveals the intrinsic connections between Tai Chi and China's cultural identity. The research systematically explores Tai Chi's cultural essence, symbolic architecture, and narrative frameworks, uncovering theoretical foundations and cultural impacts of China's martial arts civilization. Through philosophical, ethical, aesthetic, and communication perspectives, it distills Tai Chi's civilizational core principles of "cultivating virtue through practice and sustaining vitality," thereby expanding theoretical horizons for martial arts cultural modernization. Simultaneously, this study provides practical pathways for building China's cultural identity system, promoting Tai Chi's cultural inheritance and innovation while enhancing national cultural soft power and global influence. As a cultural identity system, China's cultural identity embodies the crystallized core values of Chinese civilization. These abstract cultural genes are expressed through tangible Tai Chi symbols, refined through martial arts civilization achievements, and manifested through physical skill progression to achieve non-visual objectives. The research bridges the gap between "single techniques" and "cultural principles," establishing dynamic dialogue mechanisms. It decodes traditional cultural essence through technical expressions and deciphers Chinese-characteristic narrative behaviors using a culturally distinctive symbolic system. **Research Methodology:** The essence of Tai Chi culture lies in "embodied philosophical practice." By examining its dual ontological structure, this study

adopts multidimensional approaches—from technical implementation to theoretical frameworks, spiritual dimensions, philosophical foundations, and historical contexts—to achieve cultural revitalization while preserving the core principles of Chinese tradition. Through interdisciplinary integration and semiotic tools, we develop a "Tai Chi Cultural Symbol Matrix Model" (enhanced with Glaeser's semiotics) that transcends binary interpretations. This holistic approach analyzes Tai Chi through multiple lenses: surface movements, technical functions, cultural metaphors, philosophical depth, and value systems. Leveraging digital humanities technologies, we create a "Cultural Refinement Algorithm" to quantify meaning erosion in cross-cultural communication. This algorithm evaluates whether Tai Chi's symbolic representation carries cultural significance when disseminating as a marker of Chinese civilization, while determining its global influence. The "Martial Arts Cultural Impact Index" (WCI) integrates social media data, audience surveys, expert assessments, and complex network analysis (e.g., Gephi software) to map symbolic pathways. Additionally, a "Martial Arts Movement Semantic Analysis System" translates traditional cultural essence into contemporary expressions. (Analyzing Cultural Metaphors in Martial Arts Techniques through OpenPose Algorithm) This study investigates the cultural implications of key movement nodes in martial arts techniques, comparing technical systems across different countries and regions. The "Martial Arts Cultural Gene Database" systematically documents technical frameworks and symbolic systems. By refining and filtering these elements under Chinese cultural symbolism, the research reveals that true representation of cultural identity requires not just organic combinations of movements but also explanations of accompanying methodologies. The database's data thus gains profound significance.

Research findings: Rooted in traditional Chinese martial arts culture, Tai Chi embodies the civilizational evolution of Chinese civilization as both a valid demonstration and perfect expression of its cultural identity system. Centered on Chinese spirit and guided by Chinese values, Tai Chi extracts representative, symbolic, and synchronic cultural symbols from this identity framework. Its "diversity-integration" structure effectively counteracts ideological sensitivities in cultural dissemination amid protectionism and anti-globalization trends, while bridging communication gaps caused by regional cultural differences between "self" and "other." This enhances cross-cultural exchanges in martial arts, showcases the historical depth, cultural breadth, and spiritual elevation of Chinese civilization, strengthens cultural confidence in traditional martial arts, forges new socialist cultural brilliance, accelerates the construction of China's discourse and narrative systems, amplifies the global influence of Chinese civilization, presents a "credible,

lovable, and respectable" image of China, and ultimately realizes the ultimate ideal of a community with a shared future for mankind. The civilizational attributes of Tai Chi Chuan emerge from the "core symbols" of traditional Chinese martial arts culture, forming a symbolic system characterized by "diversity in unity and coexistence of differences." This framework establishes an interpretive structure of "physical techniques-culturally symbolic-ideologically identifiable" Tai Chi Chuan, creating a systematic framework for the civilizational development of martial arts. In preserving folk traditions, reviving traditional martial arts memory, and organizing the civilizational process of Tai Chi Chuan, it plays a crucial role in reconstructing martial arts culture and establishing civilizational values. While promoting innovation while upholding tradition in the new era of martial arts culture, it vividly exemplifies the template and form of China's civilizational identification system. Rooted in Chinese cultural heritage, Tai Chi Chuan maintains its cultural stronghold. Facing critical stages of both challenges and opportunities in the new era, its commitment to innovation while preserving core principles manifests as a steadfast mindset—evolving from physical violence into life artistry, ultimately reconstructing itself as a civilized martial art for the new era. Recognizing the value and significance of multiculturalism, the pursuit of martial arts civilization embodies the "unity in diversity" pattern of Tai Chi Chuan. Envisioning the realization of a global community with a shared future for mankind, Tai Chi Chuan provides positive theoretical and practical templates for narrating China's cultural symbol system and constructing a comprehensive, approachable, and globally visible civilizational identification framework. **Research conclusions:** Philosophically, Tai Chi Chuan constructs a unique dynamic cosmic cognition model of the Chinese nation, where each movement embodies the dialectical unity of opening/closing, emptiness/realism, hardness/softness, reflecting the practical philosophy of yin-yang interdependence. Transforming the philosophical concept of "reversal as the Dao's movement" from the “Tao Te Ching” into practical tactics, Tai Chi Push Hands' principle of "yielding to the opponent" essentially achieves transformation through accepting external forces, becoming a metaphorical wisdom for resolving interpersonal conflicts. Tai Chi traces the shared past of the Chinese nation through intuitive forms, weaving a collective memory network. On the other hand, it expresses the integration of tradition and modernity, as well as the unification of national values with contemporary significance. Inheriting Chinese martial arts culture, Tai Chi vividly depicts the national spirit code that embodies the continuity and integration of Chinese values, cultural characteristics, and spiritual essence. Rooted in the features of Chinese civilization, with Chinese spirit at its core and Chinese

values as its guide, Tai Chi distills the most representative, symbolic, and synchronic cultural symbols from the Chinese civilization identification system, showcasing the historical depth, cultural breadth, and spiritual elevation of Chinese civilization. Born from traditional culture, Chinese martial arts have gradually formed a "diverse yet unified" civilizational pattern during the process of civilization development, and Tai Chi is no exception. While acknowledging differences, it seeks common values, cultural genes, and historical threads among diverse martial arts cultures. The formation of this diversified yet unified pattern represents a significant achievement in the civilizational progress of martial arts, while also enriching the uniquely charming and prominent symbol system within Chinese civilization identification. This demonstrates the Chinese nation's worldview and civilization perspective of "global harmony" and "a community with a shared future for mankind," guiding the world toward understanding "the coexistence path between indigenous cultural autonomy and diverse civilizations worldwide."

Keywords: Chinese civilization identification system; diversity and unity; tai Chi civilization

